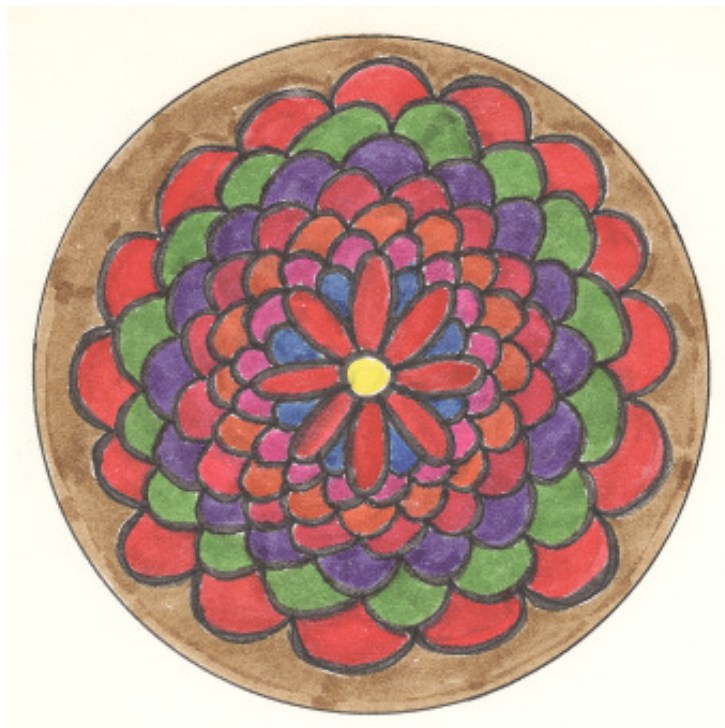


Wendalas Mandalas™ eColoring Book

Sample Mandala Pack

created by Wendy G Young
for YOU!



Wendalas Mandalas™

Copyright Information

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And finally, you are appreciated!

Wendalas Mandalas™

Welcome

Welcome to Wendalas Mandalas™!

May you enjoy connecting with these specially selected mandalas and awaken your inspiration, creativity and childhood innocence. Give yourself the space and time to have as much fun coloring them as I enjoyed creating them!

love
Wendy

Wendalas Mandalas™

About Wendy

Wendy G Young has been an entrepreneur since 1984.

After graduating from the UT at Austin and receiving her BA degree in Computer Science she was a programmer for one entire year!

She always knew deep in her heart that she would not be a programmer the rest of her life but she had no idea what else to do at the time.

After resigning from her programming job she got a job in sales selling business forms and computer supplies. Then after just one year of working for a small company she started her own business doing the same thing.

It allowed her to infuse her creativity and learn the ropes of business.

Then she began an ergonomic business in 1991 and created one of the first ergonomic product websites in the world in 1996. After 17 years helping employees in the corporate world get out of pain she sold her business to pursue a new path.

She has always had a pioneering spirit.

She has created a series of products in the area of manifestation, law of attraction, Ho'oponopono and emotional and spiritual healing.

Her line of products include a DVD called Spiritual Grid Manifestation and a series of digital products that are a part of this DVD theme. She has a line of t-shirts and baby clothers with her inspired iLoveU design.

She is always creating and it took her a lifetime to realize that who she is at her core is an artist!

She looks forward to creating art as a regular practice to inspire others to be happy and live their life purpose.

Her main website:

www.wendyyoung.com

Wendalas Mandalas™

About Wendalas Mandalas™

"Wendalas Mandalas™ is a collection of unique, hand-drawn, flower Mandalas that when used as a sacred tool can guide you towards experiencing deeper levels of relaxation, intuition, inner peace and happiness."

Mandala is a Sanskrit word defined as "circle" or "community."

Mandalas are embodied throughout nature indicating a primal connection to universal consciousness. A mandala drawing is a symbolic representation of this consciousness ... a microcosm of the energetic nature of the universe.

I've been "doodling" flower mandalas my entire life and as time has passed my mandalas have become more elaborate.

Recently I've been massively inspired to create flower mandalas (practically everyday!) for the purpose of providing a fun and soothing path towards inner transformation and life purpose.

The "flower" is the metaphor of being a "FLOW-ER of the universe" ... You may have heard the expression "being in the flow" a time or two? <wink>

YOU are the FLOWER and the FLOW-ER in YOU is in sync with the energetic universe. Your connection with the flower mandala is connection to the source of all life and YOU!

Oneness! Wholeness! Happiness!

My exploration of my own consciousness has come in many forms over the past couple of decades and I see the mandala as a viable path to wholeness.

I am bringing my flower mandalas to the world as a meditative tool to increase awareness and connection to infinite, unlimited consciousness and lasting happiness!

Be prepared to experience bliss!

Wendy

Wendalas Mandalas™

Connecting with Wendalas Mandalas™

Here are just a few benefits you will experience when you regularly connect with Wendalas Mandalas™:

- Guides you into connection and alignment with deeper layers of your consciousness and infinite intelligence expanding your resourcefulness to create what you desire
- Opens your channels of creativity leading to insights and solutions to the challenges you are experiencing.
- Raises a awareness of who you are at your core and why you are here.
- Connects you to the infinite, unlimited being you are so that you may shift into higher states of wholeness and happiness.

Spending meditative and creative time with the Wendalas Mandalas™ will guide you to know a deeper part of yourself. You may experience clarity, joy, sense of purpose, happiness, bliss and who knows what else! Your experience is unique to you.

These are just some of the core ingredients you want to be in touch with so that you feel the freedom to take the actions necessary to create the life you dream about!

This collection is a series of 28 "named" mandalas. There is one mandala per page and a "Coloring Meditation Idea" at the bottom to guide you towards a meditative focus while coloring.

Regular meditative coloring of my mandalas will relax the adult you and awaken creativity of your inner child. This blending and healing of the adult and inner child creates inner peace and the opening for solutions in the form of inspiration and intuition.

All answers come from within and it requires a quiet mind to hear the answers when they do come.

Only then can you listen and take the appropriate actions. I see the center of the mandala as a metaphor for the calm and happy center of life.

Enjoy!

Wendy G Young

Wendalas Mandalas™

How To Enjoy Wendalas Mandalas eColoring Book™

Guess what? There are no rules! You are an infinite creator playing on your own playground! Live in the now and trust that every choice you make from here on out is the perfect one.

So get out your crayons or markers and start coloring. You may also choose to visit a local art store and buy a new set of crayons and markers for this new adventure! I recommend all of the primary colors of the rainbow to begin and you can always add more colors later.

The important thing is to begin now!

You will immediately notice how good it feels to take this time each day or at least several times a week. It is easy and fun self care for the adult and it awakens the playful, creative spirit of the child within

Allow yourself to relax in the moment. There is no need to figure anything out. Be in the stillness. This is where the miracles of life happen and where the new opportunities are born.

Coloring Ideas:

- 1) Color from the front of the book to the end or simply browse the eColoring Book and see which one might meet your fancy at any given time.
- 2) Experiment with the number of colors you use in each mandala and which parts you color in first.
- 3) Create fun patterns using different colors or leaving some parts white.
- 4) Allow your imagination to guide you and you will notice how your imagination will expand you! It just keeps getting better from there!

There is a joy that you will begin to feel as you continue on this journey. Allow the creative juices begin to flow and have lots of fun in the process!

Now it is time to get started!!

Love

Wendy

PS. Drop me an mail to let me know how you are enjoying the process! ...

wendy@prosperitypostures.com

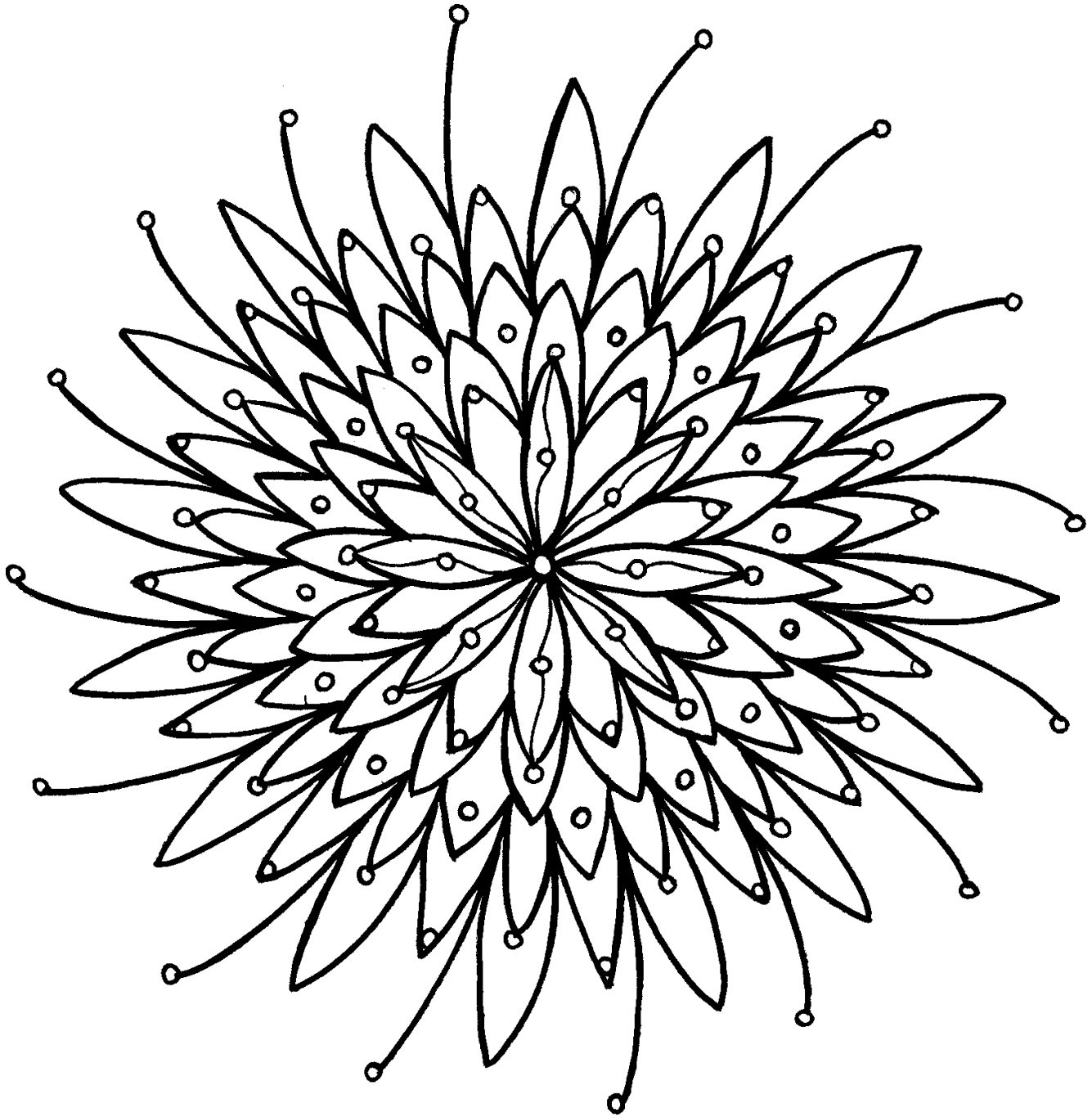
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(Sample Mandala Pack)

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www.wendyyoung.com/mandalas

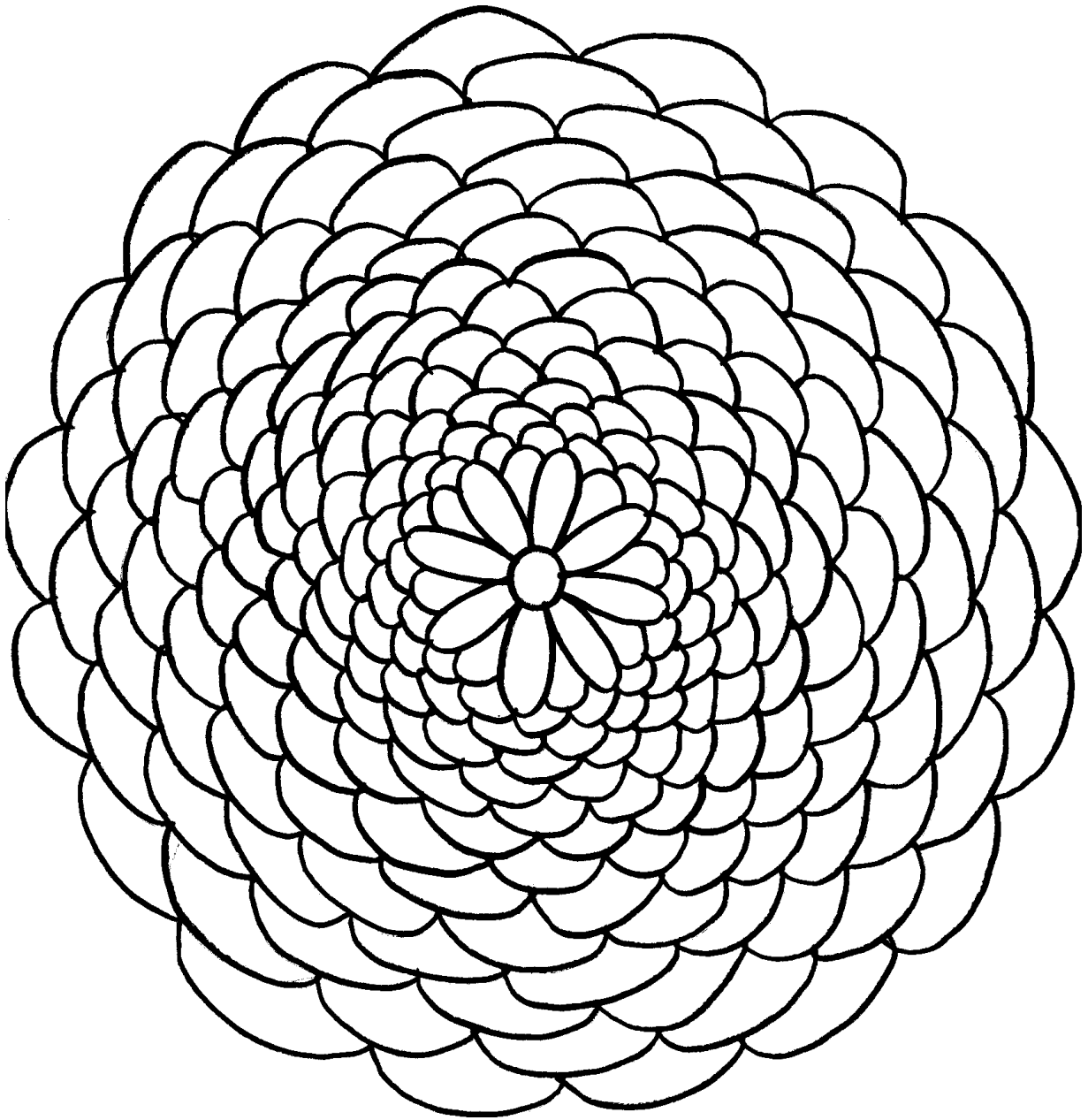
Star Power Flow-er™



Coloring Meditation Idea:

Access your Inner Star and imagine sending your light out to the world (shooting star!) and that your light is reaching those who have been waiting to receive!

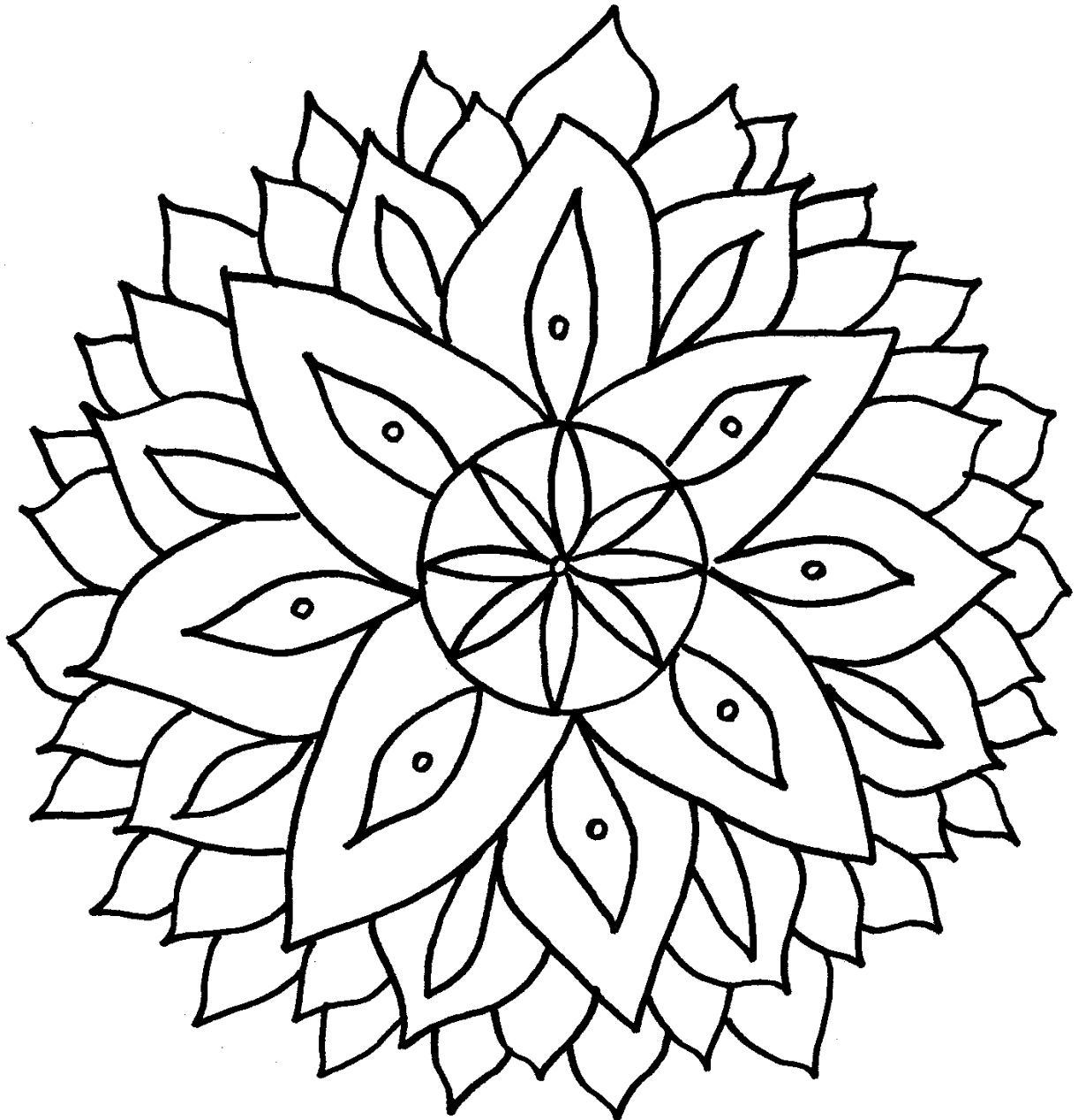
Wendalas Mandalas™ Sample Mandala Pack
Ever Blooming Flow-er™



Coloring Meditation Idea:

Plant an imaginary seed of what you desire to experience in the core of our body and as you are coloring see the desire being born and expanding from your center filling up the infinite beingness of who you are!

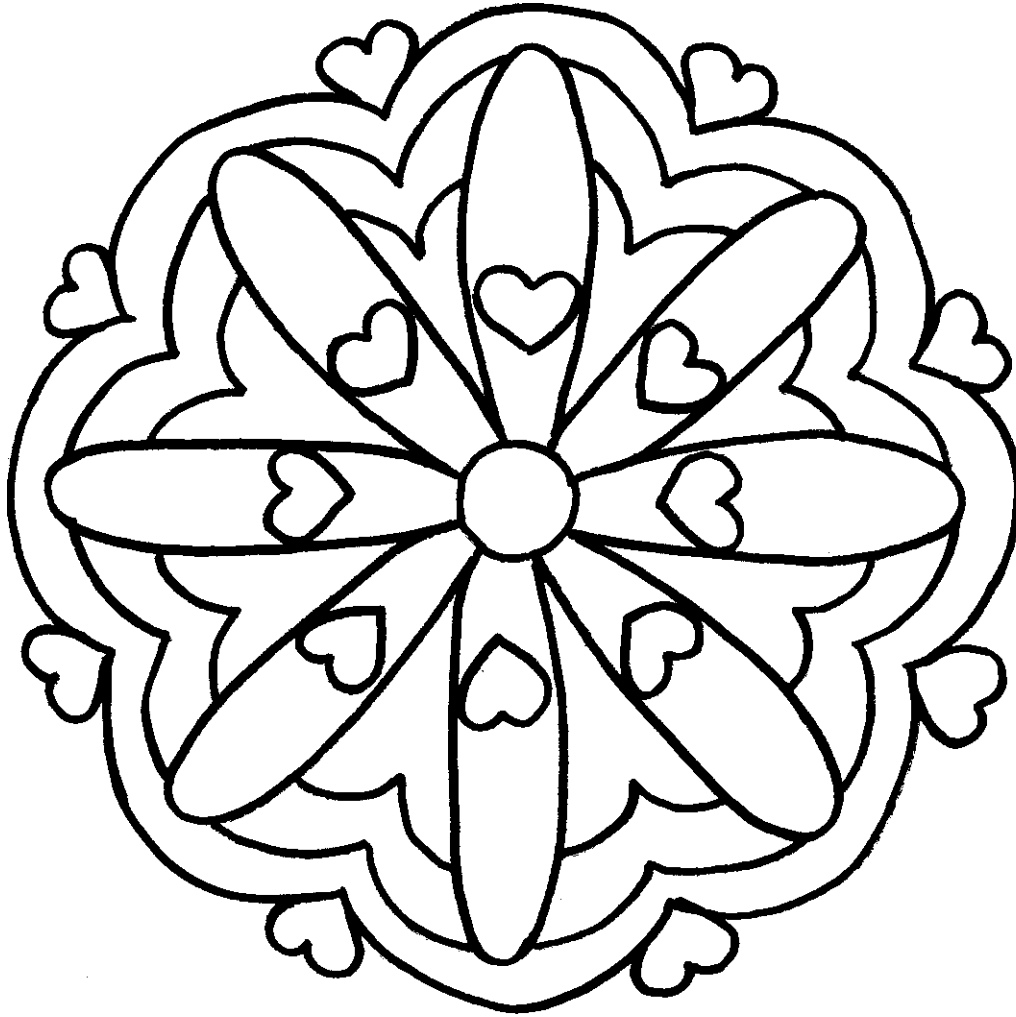
Wendalas Mandalas™ Sample Mandala Pack
Heavens Flow-er™



Coloring Meditation Idea:

Allow the feeling that your divine desires have already come to fruition and you are living a life that feels like heaven on earth!

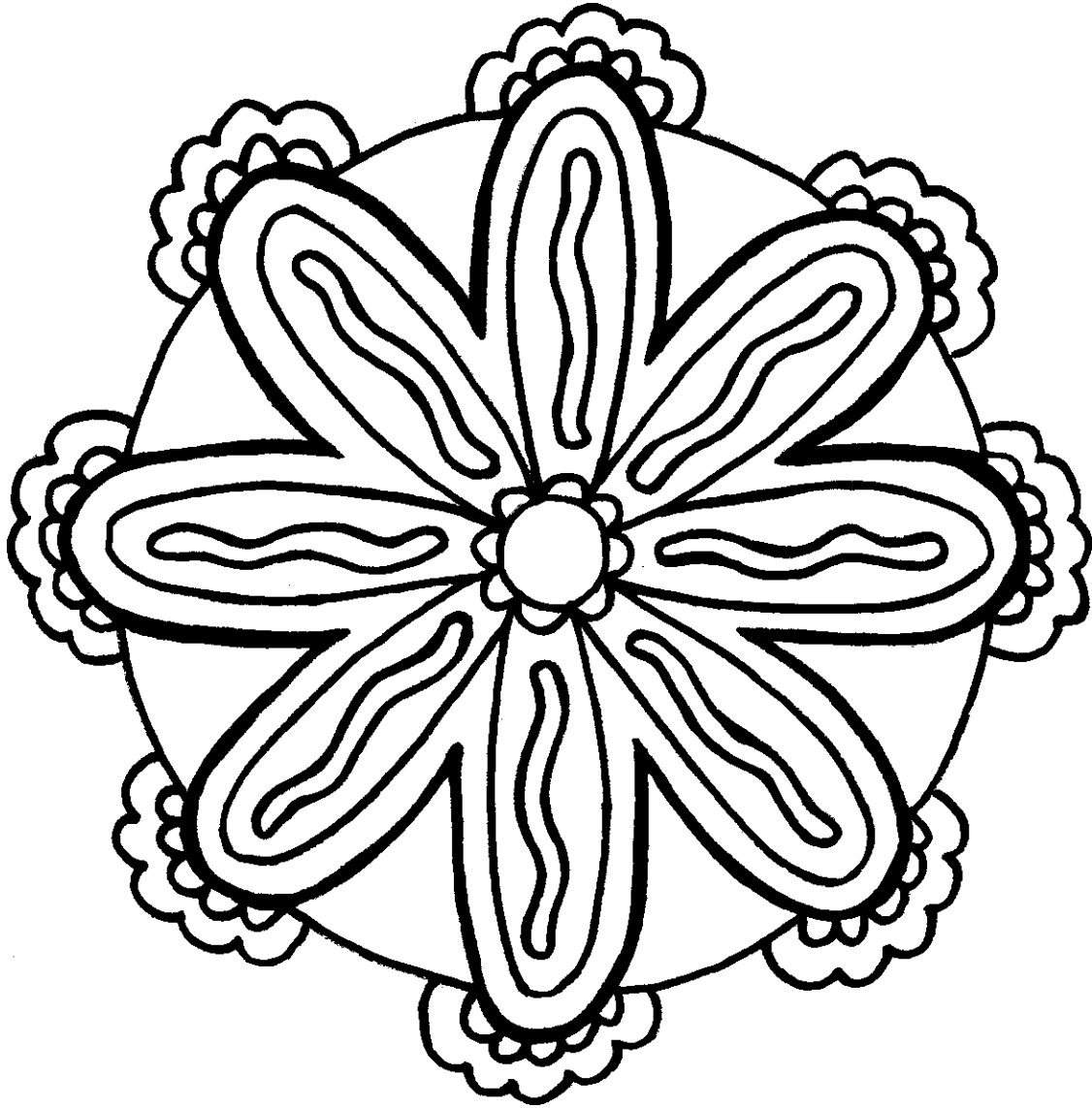
Wendalas Mandalas™ Sample Mandala Pack
Heart Flow-er™



Coloring Meditation Idea:

Connect to your heart and then feel your heart connecting to all parts of your body from head to toe and to all your cells and organs. Feel your heart connecting to the hearts of people in your life. As you are complete with each person let your heart tell you who to connect with next.

Wendalas Mandalas™ Sample Mandala Pack
Clown Flow-er™



Coloring Meditation Idea:

As you are coloring your Clown Flow-er Mandala imagine that you are embodying all the silliness of a clown performing for young children at a birthday party. Allow the smile to spread to your entire body!

Wendalas Mandalas™

Sample Mandala Pack

Thank you for coloring with me!

If my mandala designs have uplifted you in some way or if they have made a positive difference in your life by helping you tap in to your inspiration, creativity and child-like wonder consider purchasing my complete Wendalas Mandalas eColoring Book!

Purchasing this eColoring book gives you access to special offers relating to Wendalas Mandalas! How does it get any better than that!

Read more here...

<http://wendygyoung.com/mandalas>

If you would like to work with me or experience some of my other divinely inspired creations please visit this page.

<http://wendygyoung.com/divinely-inspired-products>

If you are ready to own your creative gifts and fly out of your cocoon then contact me at wendy@prosperitypostures.com!

I look forward to hearing how I may serve you!

Love

Wendy G Young